Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
BBQ chicken burger, Garlic mayo, salad in a bun served with potato.	Beef lasagne served with Garlic bread.	Roast of the day served with vegetables.	Shanghai chicken stir- fry with white rice	Fish and chips with garden peas or Baked Beans		
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY						
Vegetable burger, BBQ sauce, in a brioche bun with potato	Vegetable Lasagne served with Garlic bread.	Vegetable wellington served with Vegetables.	Vegetable stir fry served with white rice.	Chickpea and vegetable Biryani		
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY						
Pulled pork, iceberg, tomato, salsa wrap.	Italian Chicken Steak with spaghetti	Cornish pasty served with vegetables.	Sweet and sour Pork with white rice	Mughlai Korma chicke with rice.		
Piri piri Wings	Chicken Meatball with Spaghetti	BBQ Wings	Chinese wings	Mac and cheese		
PASTA / PIZZA	PIZZA	PIZZA	PIZZA	PIZZA		
Jacket Potatoes available everyday with choice of fillings						
TRY OUR DELICIOUS FILLINGS FOR 50p EACH						
Strawberry Jelly with strawberry Ice cream	Chocolate Sponge with	Iced Sponge cake with	Cheesecake	Waffle bar with a choice of toppings		
	BBQ chicken burger, Garlic mayo, salad in a bun served with potato.  Vegetable burger, BBQ sauce, in a brioche bun with potato  Pulled pork, iceberg, tomato, salsa wrap.  Piri piri Wings  PASTA / PIZZA  Strawberry Jelly with	BBQ chicken burger, Garlic mayo, salad in a bun served with potato.  ALL SERVED WITH SEASON  Vegetable burger, BBQ sauce, in a brioche bun with potato  ALL SERVED WITH SEASON  Vegetable Lasagne served with Garlic bread.  ALL SERVED WITH SEASON  ALL SERVED WITH SEASON  Pulled pork, iceberg, tomato, salsa wrap.  Piri piri Wings  Physical Pizza  Chicken Meatball with Spaghetti  PASTA / PIZZA  PIZZA  Jacket Potatoes a  TRY OUR DELI  Strawberry Jelly with  Chocolate Sponge with	BBQ chicken burger, Garlic mayo, salad in a bun served with potato.  ALL SERVED WITH SEASONAL VEGETABLES & POTAT  Vegetable burger, BBQ sauce, in a brioche bun with potato  Vegetable Lasagne served with Garlic bread.  Vegetable wellington served with Vegetables.  ALL SERVED WITH SEASONAL VEGETABLES & POTAT  Vegetable wellington served with Vegetables.  ALL SERVED WITH SEASONAL VEGETABLES & POTAT  Pulled pork, iceberg, tomato, salsa wrap.  Italian Chicken Steak with spaghetti  Piri piri Wings  Chicken Meatball with Spaghetti  BBQ Wings  PASTA / PIZZA  PIZZA  PIZZA  Jacket Potatoes available everyday w  TRY OUR DELICIOUS FILLINGS  Strawberry Jelly with Chocolate Sponge with Iced Sponge cake with	BBQ chicken burger, Garlic mayo, salad in a bun served with potato.  ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE D  Vegetable burger, BBQ sauce, in a brioche bun with potato With garlic bread.  Vegetable wellington Vegetables.  Vegetables.  Vegetables burger, BBQ sauce, in a brioche bun with potato With Garlic bread.  Vegetables.  Fice.  ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE D  Vegetables.  Fice.  ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE D  Vegetables.  Fice.  ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE D  Vegetables.  Firi piri Wings  Chicken Meatball with Spaghetti  BBQ Wings  Chinese wings  PASTA / PIZZA  PIZZA  PIZZA  PIZZA  PIZZA  PIZZA  PIZZA  Chicken Meatball with Chocolate Sponge with  Cheesecake		





Lunch week 2

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
MAIN MEAL	Beef burger with BBQ sauce in brioche with potato and lettuce	Beef Bolognese served with pasta and Garlic slice	Roast of the day served with Vegetables	Chicken Korma served with turmeric rice and Naan.	Fish and chips with garden peas or Baked Beans		
PLANT BASED / VEGETARIAN	Spicy Vegetable in a soft taco with Mex rice	Veggie Bolognese served with pasta and Garlic slice.	Mushroom Galette with vegetable	Mild - Potato and vegetable Rogan Josh with turmeric rice	Sweet potato Falafel in a soft taco, crispy salad		
£2.10	ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY						
STREET FOOD FROM £2.10	Paprika Chicken cheesy Nacho	Broccoli Mac and cheese	Pulled pork Baguette with potatoes.	Tikka chicken rice Kathi roll	Fish cake burger with tartar sauce and potato		
TAKEAWAY	Churrasco wings	Piri piri Chicken wings	BBQ Chicken Wings	Tikka Chicken Wings	Cajun wings		
TUBS FROM £2.10	PASTA / PIZZA	PIZZA	PASTA / PIZZA	PASTA / PIZZA	PASTA / PIZZA		
	Jacket Potatoes available everyday with choice of fillings						
JACKETS £2.10	TRY OUR DELICIOUS FILLINGS FOR 50p EACH						
DESSERTS £1.00	Lemon drizzle cake	Orange Jelly and Vanilla Ice cream	Apple crumble with custard	Key Lime Pie	Ice cream parlour		



\* FOR EDUCATION \*



Lunch week 3

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
MAIN MEAL	Caribbean Chicken thigh burger with potatoes	Chilli con carne with savoury rice	Roast of the day served with Vegetables. NAL VEGETABLES & POTATO	Red Thai chicken curry with white rice	Fish and chips with garden peas or Baked Beans		
PLANT BASED / VEGETARIAN £2.55	Caribbean vegan burger and crispy salad served in a bap.	Vegan chilli sin carne with savoury rice	Chickpea, onion, and rich tomato Meat-Free- Loaf	Green Thai vegetable curry with white rice	Peppers and tomato Spanish tortilla		
STREET FOOD FROM £2.10	Chicken Brochette with rice and peas	Cajun chicken Burrito	Cheese, sweetcorn, and Beef Burrito	Vietnamese chicken banh mi	Fish Finger Bap with tartar sauce and potatoes.		
TAKEAWAY	Piri piri Wings	Churrasco wings	BBQ wings	Chinese wings	Pasta bar		
TUBS FROM £2.10	PASTA / PIZZA	PASTA / PIZZA	PASTA / PIZZA	PASTA / PIZZA	PIZZA		
	SELECTION OF SANDWICHES, HOT PANINI'S, (£2.00) or PIZZA SLICES(£1.25) ARE ALSO AVAILABLE FROM OUR GRAB & GO COUNTERS DAILY WRAPS AND BURRITO ALSO AVAILABLE AT OUR KIOSKS £2.00						
JACKETS £2.10	TRY OUR DELICIOUS FILLINGS FOR 50p EACH						
DESSERTS£1.00	Toffee Apple Crumble with Vanilla Ice cream	Syrup Sponge with custard	Marble cake with custard	Banoffee pie	Pancake bar – served with a choice of		
· FOR EDUCATION	Meal Do Main Meal With Vegetable And Dessert		All Of Sandw	2.55  Dur Main Meals, tiches & Desserts Are y Made On Site Every Day			